

Homemade Ranch Sauce

Servings: About 10 (One Serving = 2 Tablespoons)

RECIPE BOX

INGREDIENTS

3/4 CUP SOUR CREAM OR GREEK YOGURT, PLAIN
1/4 CUP MILK
1/2 TSP WHITE DISTILLED VINEGAR
1 TBSP DRIED CHIVES
1 TBSP DRIED PARSLEY
1/2 TSP GARLIC POWDER
1/2 TSP ONION POWDER
1/2 TSP BLACK PEPPER
1 TSP SEA SALT
1/2 TBSP DILL (OPTIONAL)



DIRECTIONS:

STEP 1: Mix Greek yogurt, milk and vinegar and set aside at room temperature for 10 minutes.

STEP 2: Mix wet and dry ingredients, store in refrigerator.

GF This recipe is gluten free as written.

V This recipe is vegetarian as written.

Nutrition per Serving: Calories 107, Total Fat 4g, Carbs 16g, Protein 4g, Fiber 2g, Sugars 1g.

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