

# No Bake Lactation Cookies

Servings: 5

RECIPE BOX

## INGREDIENTS

2 CUPS OLD FASHIONED OATS  
1/2 CUP GROUND FLAXSEED  
3 TBSP BREWERS YEAST  
1 CUP ALMOND BUTTER  
1/2 CUP AGAVE NECTAR  
1 TSP VANILLA



## DIRECTIONS:

**STEP 1:** Mix all ingredients.

**STEP 2:** Roll into 20- 1" balls and refrigerate.

**GF** This recipe is gluten free as written.

**V** This recipe is vegetarian as written.

Nutrition per Serving: Calories 598; Carbs 65g; Fiber 13g; Sugars 29g; Fat 32g; Protein 21g

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